Bedtime!

**Where to start:** This exercise asks kids to practice putting events in order. Start with a conversation about bedtime rituals. When does getting ready for bed begin? What happens in what order?

**Prompt:** Describe your bedtime routine in order, using words like "first," "next," and "finally."

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How to go deeper: Now write it as if it's opposite day, or silly day. How would a very silly bedtime routine go? (Use the back of this page to write.)