Friend drama

Where to start: Friendships can sometimes be intense and complicated! At this age, many kids will have formed a close knit group of a few best friends. This exercise asks kids to reflect on their experiences with peers. Start with a conversation about friend groups. What are the benefits and drawbacks to having one best friend vs. a small group or a big group of friends?

Prompt: What is the best number of close friends to have? Explain why.

How to go deeper: What are some of the qualities of a good friend? (Use the back of this page to write.)