**Snack attack**

*Where to start:* Kids have strong opinions about snacks! Start with a conversation about favorites. What are some snacks they have often, and what are some they have only occasionally? What makes a good snack? Do they like things that are sweet? Salty? Crunchy?

*Prompt:* Draw your favorite snack and write what you like about it.

*How to go deeper:* Rank your 3 favorite snacks in order of how much you like them. Would you eat the same snack every day? Would it be healthy to only eat your favorite snack? *(Use the back of this page to write.)*