Appearances can be deceiving

People often seem different on the outside than who they really are inside. Can you think of something that others think about you, but in fact you’re different inside? Explain this misreading, why you think it happens, and what the truth is.

Keep in mind: The human brain uses shortcuts to help us understand new things. But when we fall back on “shortcuts” about people, they can be based on stereotypes. Have you ever made assumptions about someone based on a stereotype? How did you realize your mistake?

Bonus: Describe yourself in the 3rd person in the voice of someone very different than you. What gets distorted and misunderstood? (Use the back of this page to write.)