



# Staying alive

## Observations

All animals need to eat food and drink water to stay alive. If animals do not eat or drink, they die. Humans are animals, too, and so need food and water to survive. Some animals eat plants and some eat animals. Humans eat both plants and animals.

## Science activity

Draw a line joining each animal on the left to the food it eats.

**Science exploration**

Make a list of all of the foods that you eat. Next to each food, write the name of the plant or animal from which it came.



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